First Annual
Contra Costa County
SURVIVORS’ REUNION LUNCHEON
~ November 9, 2016 ~

Presented by:
The Contra Costa County EMS Agency

In Celebration of...
Life, Reunion and Emergency Medical Services
Thank you for helping us celebrate the 1st Annual Contra Costa County Survivors’ Reunion Luncheon. This event celebrates the gift of life and recognizes the amazing men and women who protect it.

“CALLED TO CARE”

This Luncheon honors EMS professionals and the difference they make in Contra Costa County communities to ensure the health, protection and physical well-being of our residents/visitors. The rescuers being honored today are truly heroes! Without their dedication to training, emergency response and patient care, our survivors most likely would not be here today.

As we reunite our rescuers with those rescued, we are proud to recognize all providers and constituents within the Contra Costa County EMS System. Thank you for answering the “Call to Care”.

Thank you to Boundary Oak for hosting today’s celebration!
Contra Costa County
SURVIVORS’ REUNION

Posting of Colors / Pledge of Allegiance
Contra Costa County Fire Protection District

Invocation
Terry Reilley, Lead Pastor
Creekside Church, Martinez

Welcome
David Goldstein, EMS Agency Medical Director
Contra Costa County EMS Agency

Recognition of Dignitaries & Special Guests

Master of Ceremonies &
Reunion of Survivors & Rescuers
Edward Racht, MD
Chief Medical Officer
AMR

Closing Remarks & Special Recognitions
The Contra Costa County EMS Agency would like to extend sincere appreciation to the agencies, providers and sponsors that have helped, in numerous ways, to make this event successful. We would also like to recognize the professional providers who are on-duty, serving the communities of Contra Costa County and thereby making today’s reunion possible.

10 Commandments of Quality EMS

1. EMS is not just a job; it is a profession.
2. Average, minimum, and mediocre are not good enough in EMS.
3. Always remember, your patients are trusting you with their lives.
4. Everyone gets to pick their primary care physician, but no one gets to pick their EMS provider.
5. Remember, the “S” in EMS stands for service.
6. You don’t win points by “guessing right” in EMS. You win points maintaining a high index of suspicion, finding problems that aren’t obvious, and always erring on the side of caution.
7. There are no excuses in EMS. You either get the job done or you don’t.
8. In most cases, patients will be more appreciative of how you treat them than the treatments you render.
9. EMS is the first hour of medicine in the first thirty minutes.
10. Always treat your patients the way you’d want EMS to treat you or your family.

CQI for EMS
Matt Scanlan – On March 3, 2016, Matt could hardly breathe...his heart raced and he began to sweat. As he yelled from the shower for his wife to call 9-1-1, he...


Fire Chief Richard Price (Retired)
Contra Costa County EMS recognizes Chief Price for his commitment, dedication and passion to saving lives by improving prehospital emergency care. Chief Price’s actions and innovative thinking contributed to expanding the future of EMS in Contra Costa County and across the nation as the founder of Pulsepoint.

Ashton Arozqueta – On July 16, 2016, the quick actions of the lifeguards, bystanders and first responders made all the difference in the world. While at the pool...

**Siren Award**

**Sudden Cardiac Arrest Victim**
In September of 2016, a 45 year-old male was enjoying a wedding celebration in Pleasant Hill. While on the dance floor, he...


**Compassionate Caregiver Award**

**Dean Miller – Gil Guerrero – Larry Bennett**
Earlier this year, East Contra Costa Fire Protection District personnel went above and beyond the call of duty, helping a painter who fell of his ladder. After preparing this patient for transport...

**Hannah Platzner**
The lifeguards at Antioch Water Park are trained and prepared to respond to emergencies, but one evening back in June, they did not expect to rescue one of their own...

**Lifetime Achievement Award**

Pam Dodson, RN
Contra Costa County EMS recognizes Ms. Dodson, who by her actions in developing and implementing Heart Safe communities throughout the County, contributed to strengthening the chain of survival in patients who suffered from sudden cardiac arrest.

**Siren Award**

**Nudal Alhumadi** – In early 2016, a car pulled up alongside a ProTransport-1 BLS ambulance. The ambulance crew found a frantic family and a choking infant victim. Without hesitation, the crew jumped into action by...

ProTransport-1: C. Lingbanan and M. Carrillo

**Siren Award**

Robert Taunton – on June 7, 2016, Robert went to work but didn’t feel quite right. Robert’s co-worker(s) quickly jumped into action when...

Star of Life

Tom Westbrook
Contra Costa County EMS recognizes Paramedic Tom Westbrook for his exemplary clinical skills, outstanding actions and contributions to the advancement of knowledge in prehospital care, and excellence in the delivery of emergency care to the residents of Contra Costa County.

Siren Award

Ron Johnson – In January, while at 24-hour fitness, two off-duty firefighters heard an overhead announcement requesting medical aid in the treadmill area. They quickly realized...

This event could not have been presented without the support of our gracious sponsors:

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It’s yours.
Performing CPR may be the most important skill you and your loved ones could ever know!

In Contra Costa County, over 75% of cardiac arrests occur outside of a hospital, typically at home. At any time, any one of us may be required to perform CPR on our family/friends.

Two Steps to Save a Life:

1. **Call Right Away**
2. **Push Hard & Fast in the Center of the Chest**

**HANDS ONLY CPR**
EMS Training Institutions, Administrative Agencies and Regulatory Bodies play a critical role in developing, refining and ensuring a high quality / effective EMS system.

Emergency Medical Dispatchers, First Responders (e.g. Firefighters, Law Enforcement), Paramedics, and EMTs respond to over 90,000 emergency calls for service in Contra Costa County each year.

Ambulance Transporting Providers (e.g. Paramedics, EMTs and Nurses) ensure patients are provided treatment and transported to the most appropriate receiving hospital.

Hospitals and Specialty Care Facilities (e.g. Nurses and Emergency Physicians) ensure the continuum of emergency care by treating patients and providing definitive care services.

Quality improvement (QI) fosters a proactive process, which recognizes and solves problems, and ensures that EMS systems of care are reliable and predictable.

Together, through collaboration and local partnerships, Contra Costa County residents receive quality, efficient and highly effective emergency patient care.

http://cchealth.org/ems/  •  (925)646-4690

Program Design by Jesse Allured